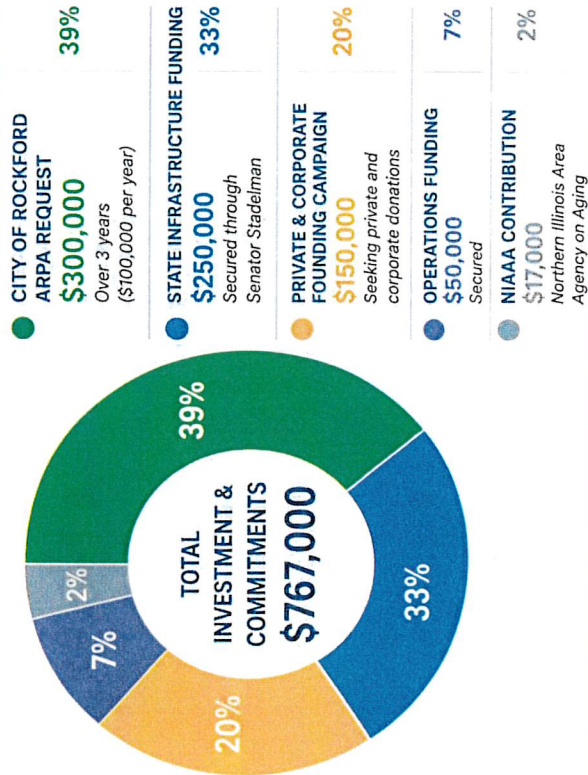


LIVING WELL CENTER OF NORTHERN ILLINOIS

A SHARED INVESTMENT IN A STRONGER, HEALTHIER ROCKFORD

TOTAL PROJECT INVESTMENT & COMMITMENTS



FUNDING SOURCES OVERVIEW

SOURCE	DESCRIPTION	AMOUNT	SHARE
	Operating support over 3 years (\$100,000 per year)	\$300,000	39%
	Secured through Senator Stadelman	\$250,000	33%
	Seeking private and corporate donations	\$150,000	20%
	Secured	\$50,000	7%
	Northern Illinois Area Agency on Aging	\$17,000	2%
TOTAL PROJECT INVESTMENT & COMMITMENTS		\$767,000	100%

THE CITY'S \$300,000 INVESTMENT REPRESENTS ABOUT 39% OF TOTAL PROJECT FUNDING, LEVERAGING \$467,000+ FROM STATE, PRIVATE, NONPROFIT, AND PARTNER SOURCES.

HOW CITY ARPA FUNDS WILL BE USED OVER 3 YEARS



THE IMPACT OF YOUR INVESTMENT

	SERVING A GROWING POPULATION Approximately 25,000 adults ages 55-85 in the Rockford area		IMPROVING HEALTH & WELL-BEING Promoting physical, mental, and social well-being		BUILDING COMMUNITY CONNECTIONS Reducing isolation and creating a true sense of belonging		SUPPORTING INDEPENDENCE Helping older adults remain active, engaged, and in their homes longer		STRENGTHENING ROCKFORD Engaged residents contribute to a stronger community
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TOGETHER, WE CAN CREATE A PLACE WHERE OLDER ADULTS BELONG, THRIVE, AND CONTINUE TO MAKE ROCKFORD STRONGER. *Thank You for Investing in Our Community!*

LIVING WELL CENTER

OF NORTHERN ILLINOIS

SAMPLE EVENT CALENDAR

MONDAY Wellness & New Beginnings	TUESDAY Creativity & Lifelong Learning	WEDNESDAY Technology & Connection	THURSDAY Wellness & Discovery	FRIDAY Community Celebration
9:00 AM Community Coffee & Conversation	9:00 AM Walking Club	9:00 AM Coffee & Conversation	9:00 AM Walking Club	9:00 AM Community Coffee Hour
10:00 AM Chair Yoga	10:00 AM Art Studio Open Session	10:00 AM Balance & Strength Training	10:00 AM Open Art Studio	10:00 AM Tai Chi
11:00 AM Technology Basics (Partnership with the Rockford Public Library)	11:00 AM Healthy Aging Lecture	11:00 AM Technology Basics	11:00 AM Brain Fitness Workshop	11:00 AM Book Club
12:00 PM	12:00 PM Brown Bag Community Lunch	12:00 PM	12:00 PM Community Bingo	12:00 PM Community Brown Bag Lunch
1:00 PM Watercolor Studio	1:00 PM Cards & Games in The Vault	1:00 PM Rockford History Project	1:00 PM	1:00 PM Travel Club
2:00 PM Intergenerational Reading Hour (Local students and grandparents)	2:00 PM Craft Workshop	2:00 PM Tech Help Desk	2:00 PM Family History Workshop	2:00 PM Friday Speaker Series: Financial health after retirement
3:00 PM eGym Orientation	3:00 PM Fitness Circuit	3:00 PM eGym Orientation	3:00 PM Fitness Circuit	3:00 PM Make a birdhouse at the art studio
4:00 PM New Member Welcome Gathering Large	4:00 PM Open Game Room	4:00 PM Community Connections Hour	4:00 PM Open Game Room at The Vault	4:00 PM Member Social

FEATURED SATURDAY EVENT



Living Well Seminar Series
10:00 AM – Noon
The Six Pillars of Healthy Aging
Featuring: Local Physicians

PROGRAM LEGEND



Intergenerational



Volunteer-Led



Guest Speaker



Rockford University
Student-Led



The Living Well Center
of Northern Illinois

